

INTRODUCTION

Forklifts are a critical piece of equipment in many workplaces, and their operation requires specific skills and knowledge to ensure safety for both operators and others in the workplace. This training course is designed to provide learners with the necessary skills and knowledge to operate a forklift safely and efficiently.

OBJECTIVE

Participants will be benefit by being able to:

- Identify the different types of forklifts, their components, and their uses in various workplaces.
- Recognize the various hazards associated with forklift operation and know how to mitigate them.
- Perform pre-operational inspections and identify any potential hazards or malfunctions that could impact safe operation.
- Follow safe driving practices
- Maintain and service forklift equipment to ensure its safe and efficient operation.

COURSE CONTENTS

Introduction

- Introduction & Legal Requirements
- Non-Compliance & Penalties
- Types of Forklift
- Forklift Main Components & Functions
- Forklift Capacity Vs Weight of Cargo
- Handling Techniques on Hazardous & Fragile Cargo

Handling & operation

- Forklift Checking (prior to operation)
- Forklift Checking (after operation)
- Forklift Accidents & Contributing Factors
- Basic Forklift Maintenance & Trouble Shooting
- Battery Charging, Associated Hazards & Control Measures PPE
- Checklist & Defect Writing Procedures

Theory and Practical Exam

- Practical Exam
- Theory Exam

CERTIFICATION

Certificate of Achievement + Certified Card

TARGET GROUP

- Forklift Operator
- * **Maximum 15 pax per group**

METHODOLOGY

Theory Presentation

Showing accident
Lesson Learnt

Practical Exam

HRDF SBL-KHAS Claimable



ABOUT SPEAKER

Trainer:

MOHD LUTFI BIN NADZAR (HRD Corp Registered Trainer / Forklift Safety Trainer)

Education

Master in Business Administration (MBA), University Teknologi MARA (UiTM)

Chartered Institute of Transport (CIT), UK (Equivalent to Bachelor's Degree), UiTM

Qualification

- HRD Corp Registered Trainer & Certified Forklift Safety Trainer (NIOSH)
- Chartered Member, Chartered Institute of Logistics and Transport (CILT), Malaysia
- Training The Trainer (TTT), HRDF Malaysia Institute of Management
- Over 20 years of experience in education, lecturing in transport, logistics, and business management
- More than 8 years of experience as a Forklift Safety Trainer, with extensive experience training thousands of trainees in forklift operation and safety practices

FOR MORE DETAIL, PLEASE CONTACT

YN Safety and Health Consultancy Services

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Other Safety and Health Consultancy Services are provided. Please contact to get more details.