

# Basic Fire Fighting, Emergency Preparedness And Response Training (2 Days)

### INTRODUCTION

Emergency Response Plan (ERP) plan will be used to manage emergency incidents to protect life to the maximum extent possible, the environment, facility and personal property, and to restore the facility to normal operating conditions in the shortest possible time. This program will also engage participants in fire protection during an emergency.

## HRDF SBL-KHAS Claimable



### **OBJECTIVE**

#### Participants will be benefit by being able to:

- Recognise fire hazards
- ✓ Understand legal requirements related with fire protection
- ✓ Determine emergency preparedness and response plan
- ✓ Able to take effective action for the emergency case

### COURSE CONTENTS

### Legal requirements

- Occupational Safety & Health Act 1994
- Non-Compliance & penalty
- Fire Service Act 1988
- > Fire Certificate & Criteria

### **Fire Theory**

- ➤ Fire Triangle & Fire Theory
- Classes of Fire
- > Type of Fire Extinguishers

### Fire protection system

- Understanding Fire Fighting & Fire Detection System
- Static CO2 Fire Fighting System
- ➤ Inspection Fire Hose System & Fire Hydrant
- Portable Fire Extinguishers practical

### **Emergency Resposne**

- > ERT VS ERP
- > Type of Emergency
- Emergency Response Team (ERT Established for the Client)
- Role & Responsibilities of ERT Members
- Emergency Rescue Techniques
- Activate Emergency Drill
- ERT Members Handles "The Emergency" (role play)
- Post Mortem



### ABOUT SPEAKER

#### Trainer:

LIM KING LENG

#### **Education**

Graduated from Singapore Civil Defense Force Fire & Rescue Academy

### Qualification

- ➤ Chief Trainer to Fire Prevention Council Malaysia (FIPCOM)
- Commercial, oil and gas firefighting Services (22 years)
- ➤ Disaster Assistance Rescue Team DART
- ➤ Offshore Petroleum Industry Training Management- Initial Response
- Singapore Aviation Academy (Industrial Fire Fighting Course)
- ➤ Singapore Skills Recognition System L2 (Handle Security Incident and Services)
- Singapore Skills Recognition System L3 (Provide guard and Patrol Services)

### TARGET GROUP

- Emergency Response Team members
- Basic fire fighter, rescue team, Safety PIC
- \* Maximum 20 pax per group

### **METHODOLOGY**

**Theory Presentation** 

**Video Show** 

Practical Session – fire extinguisher, hose reel, role play emergency drill

### FOR MORE DETAIL, PLEASE CONTACT

### YN Safety and Health Consultancy Services

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Other Safety and Health Consultancy Services are provided.

Please contact to get more details.